

Heritage Life Retirement Living is a 55 plus independent living residence based on a life lease model.

Life Lease provides several suite acquisition options including Peace of Mind that provides a Buy Back when you no longer want or need your suite and allows you to move into your suite with as little as 25% down. Choosing the Equity Option provides you with the opportunity to maintain most of the appreciated value of the suite when you no longer want or need the suite.

Heritage Life Retirement Living is truly a Collaborative Living Environment in that support services can be added if your needs change. These services include meals, housekeeping, laundry and homecare.

Time is quickly running out as we are now over 80% reserved. Good suite selection (1 and 2 bedrooms) are still available, so call soon.

Not quite ready? Inquire about investment and rental opportunities that allow you to pick your suite and rent it out until you are ready to move in. We look forward to seeing you at Heritage Life Retirement Living because, "There is really nothing like it!"

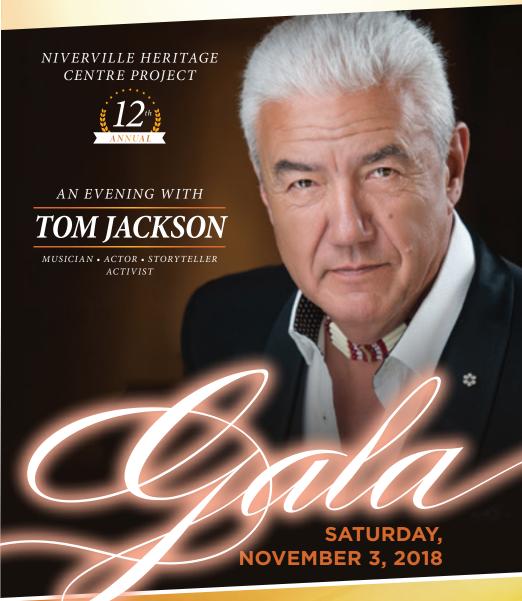
Visit www.heritagelife.ca

TO RECEIVE A HERITAGE LIFE RETIREMENT LIVING INFORMATION PACKAGE OR TO ARRANGE A TOUR, PLEASE CONTACT:

STEVEN NEUFELD

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CELEBRATING OUR VOLUNTEERS

WWW.HERITAGECENTRE.CA

OUR MISSION

Based on our Core Values of Integrity, Caring, Respect and Commitment the Mission of the Niverville Heritage Centre is to innovatively create an intergenerational meeting place for the community that enhances seniors housing, health services, local employment and economic growth within a sustainable social enterprise environment.

WHEN

Saturday November 3, 2018 at 100C Heritage Trail, Niverville, MB

6:00 pm Reception
7:00 pm Welcome and Dinner
8:00 pm Program & Volunteer Appreciation
8:30 pm Special Guest • Tom Jackson
9:00 pm Appeal
9:15pm Afterglow (following the program, the
afterglow is a time to connect with
neighbours and friends)



MASTER OF CEREMONIES

Myron Dyck

Town of Niverville Mayor



GUEST SPEAKER
Tom Jackson

For over 40 years, actor, singer, producer, activist, Tom Jackson has crafted a compassionate stage of caring. He has embraced his life experiences, championed for the marginalized, and entertained a continent of concert-

goers and TV watchers. His acumen has earned him recognition amongst his peers, yet he humbly perseveres as it's the reward he seeks, not the award.

While living on the streets of Winnipeg, his personal search for identity led to bonds with those outcast and marginalized. His voice became his way off the streets – figuratively and literally – and in to radio stations, television studios, film sets and theatres.

Penned the master of disaster, or minstrel with a message, it is music – his first love – that draws him to create change with the touch of a song, a poem, a musical or a concert tour. He can light up a room with his storytelling, endearing humour and self-penned tunes. He can inspire, uplift and entertain 10 or 10,000 and the gifts he shares, he carries from his ancestry, his life and his loves.

WHY DO WE NEED VOLUNTEERS?

Simply put, volunteers stand in the gap. As people age, and in some cases experience significant changes to personal needs, they can begin to experience the challenges that come with the 4 Plagues of Aging;

LONELINESS - BOREDOM - HELPLESSNESS - LACK OF PURPOSE

While we have specific strategies for dealing with each of the 4 Plagues of Aging listed above, including the recent addition of a Chaplain to address feelings of Helplessness and Lack of Purpose, volunteers can have the biggest impact in the area of Loneliness. While many of our residents have strong family support, sadly, there are also those who do not enjoy the support of loved ones. One way we address loneliness is through the work of volunteers. As a result, volunteers become an essential and critical part of our care team.

Volunteer opportunities that exist include; escorted transportation, assisted shopping, friendly visiting, recreation (walking club, bingo, book clubs, assisting with outings etc.), creative therapies (pet, art, music, sensory etc.), resident services (hydration rounds, assistance during meal time), palliative care (caring for residents at end of life – training would be provided). Becoming involved in any of these areas can have a big impact on residents not to mention it being a rewarding experience for the volunteer. If you have thought about becoming a volunteer and want to learn more about the opportunities that exist, contact us for more information. You can reach us at (204) 388 5000 EXT 300.

2018 marks the 16th year since the early beginnings of the Niverville Heritage Centre Project! At this years' gala we are excited to have Tom Jackson join us as we honour and celebrate the incredible contribution that our volunteers make to the lives of our residents.

Thank you and see you at the Gala!







