

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



August 2020

							11:00 Sing-Along	1
2 9:30 TV Church Service	3 11:00 Walking Club	4 2:30 Trivia BB 3:30 Trivia O/MR	5 11:00 Sit & Get Fit BB 11:30 Sit & Get Fit OP/MR	6 9:30 Catholic Mass 10:30 Catholic Mass	7 11:00 Yoga BB 11:30 Yoga OP/MR 2:30 Birthday Party	8 11:00 Spa Day		
9 9:30 TV Church Service	10 11:00 Walking Club	11 11:30 1:1 Therapeutic Recreation 2:00 Movie 	12 11:30 Yoga BB 1:30 Craft BB 2:45 Craft OP/MR	13 10:00 Chapel BB 11:00 Chapel OP/MR	14 3:00 <i>Happy Hour</i>	15 11:00 Spa Day		
16 9:30 TV Church Service	17 11:00 Walking Club 2:00 News Group 3:00 News Group	18 10:00 Chapel BB 11:00 Chapel OP/MR	19 9:30 Chapel BB 10:30 Chapel OP/MR 1:30 Catholic Mass BB 2:30 Catholic Mass OP/MR	20 2:00 Chapel BB 3:00 Chapel OP/MR	21 1:00 Treats on Patio BB	22 11:00 Spa Day 1:30 Treats on Patio OP		
23 9:30 TV Church Service	24 11:00 Walking Club	25 2:30 Tropical Treats BB 2:30 Tropical Treats OP/MR	26 1:30 Yoga BB 2:30 Yoga OP/MR	27 2:00 Chapel BB 3:00 Chapel OP/MR	28 3:15 <i>Happy Hour</i>	29 11:00 Spa Day		
30 9:30 TV Church Service	31 11:00 Walking Club	 <h2>Heritage Life Personal Care Home 2nd Floor Calendar</h2>						

Programs are subject to change. Residents will be informed via the Daily Recreation Board.