





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:45 Chapel LL 10:30 Chapel PR 11:15 Chapel CC 1:30 Book Club PR 2:30 Book Club LL	2 9:45 Sit & Get Fit PR 10:30 Sit & Get Fit CC 11:15 Sit & Get Fit LL 2:00 Craft CC 3:00 Craft PR	3 9:45 Chapel LL 10:30 Chapel PR 11:15 Chapel CC 11:00 News Group PR 2:45 News Group LL	4 9:45 Yoga PR 10:30 Yoga CC 11:15 Yoga LL <i>2:00 Happy Hour</i> PR/LL <i>3:00 Happy Hour</i> CC	5 
6 9:30 TV Church Service	7 9:30 Walking Club 1:30 Craft LL 2:30 News Group CC <small>Labor Day</small>	8 9:45 Chapel LL 10:30 Chapel PR 11:15 Chapel CC 1:30 Book Club CC	9 9:45 Sit & Get Fit PR 10:30 Sit & Get Fit CC 11:15 Sit & Get Fit LL 2:30 <i>New Bingo</i>	10 9:45 Catholic Mass LL 10:30 Catholic Mass PR 11:15 Catholic Mass CC 1:30 Chapel LL 2:15 Chapel PR 3:00 Chapel CC	11 12:30 Resident BBQ  <i>2:00 Birthday Party</i> CC/PR <i>3:00 Birthday Party</i> LL	12 
13 9:30 TV Church Service <small>Grandparents Day</small>	14 9:30 Walking Club <i>2:00 Resident Family Council Zoom Meeting</i>	15 10:45 Trivia PR 1:30 Trivia LL 2:30 Trivia CC	16 9:45 Sit & Get Fit PR 10:30 Sit & Get Fit CC 11:15 Sit & Get Fit LL 2:00 Movie Matinee PR/LL	17 9:45 Sing-Along LL 10:30 Sing-Along PR 11:15 Sing-Along CC 1:30 Chapel LL 2:15 Chapel PR 3:00 Chapel CC	18 9:45 Yoga PR 10:30 Yoga CC 11:15 Yoga LL <i>2:00 Happy Hour</i> PR/LL <i>3:00 Happy Hour</i> CC <small>Rosh Hashanah Begins</small>	19  <small>Oktoberfest Begins</small>
20 9:45 Chapel LL 10:30 Chapel PR 11:15 Chapel CC	21 9:30 Walking Club <i>2:00 Spa Day</i>	22 9:45 Chapel LL 10:30 Chapel PR 11:15 Chapel CC 2:00 1:1 <i>Therapeutic Recreation</i> <small>Autumn Begins</small>	23 9:45 Sit & Get Fit PR 10:30 Sit & Get Fit CC 11:15 Sit & Get Fit LL 2:30 <i>New Bingo</i>	24 9:45 Catholic Mass LL 10:30 Catholic Mass PR 11:15 Catholic Mass CC 1:15 Chapel LL 2:45 Chapel PR 3:30 Chapel CC	25 9:45 Sit & Get Fit PR 10:30 Sit & Get Fit CC 11:15 Sit & Get Fit LL <i>2:00 Treats on Patio</i> PR/LL <i>3:00 Treats on Patio</i> CC	26 <i>9:45 Spa Day</i>
27 9:45 Chapel LL 10:30 Chapel PR 11:15 Chapel CC <small>Yom Kippur Begins</small>	28 9:30 Walking Club 2:00 Movie Matinee CC	29 9:45 Chapel LL 10:30 Chapel PR 11:15 Chapel CC 2:00 1:1 <i>Therapeutic Recreation</i>	30 9:45 Sit & Get Fit PR 10:30 Sit & Get Fit CC 11:15 Sit & Get Fit LL	<h1>September 2020</h1> Heritage Life Personal Care Home 1st Floor Calendar		

Programs are subject to change. Residents will be informed via the Daily Recreation Board.