





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30 1:1 <i>Therapeutic Recreation</i> 2:00 Chapel <b>BB</b> 3:00 Chapel <b>OP/MR</b>	2 10:00 Chapel <b>BB</b> 11:00 Chapel <b>OP/MR</b>	3 9:30 Sing-Along <b>OP/MR</b> 10:15 Sing-Along <b>BB</b> 2:45 Chapel <b>BB</b> 3:30 Chapel <b>OP/MR</b>	4 10:45 <b>Yoga BB</b> 11:30 <b>Yoga OP/MR</b> <i>3:00 Happy Hour</i> <b>OP/MR</b> <i>3:30 Happy Hour</i> <b>BB</b>	5 
6 9:30 TV Church Service	7 11:00 Walking Club  <small>Labor Day</small>	8 9:30 1:1 <i>Therapeutic Recreation</i> 2:00 Chapel <b>BB</b> 3:00 Chapel <b>OP/MR</b>	9 10:00 <b>Yoga BB</b> 10:45 <b>Yoga OP/MR</b>	10 10:00 Chapel <b>BB</b> 11:00 Chapel <b>OP/MR</b> 2:00 Book Club <b>BB</b> 3:00 Book Club <b>OP/MR</b>	11 12:30 Resident <b>BBQ</b>  <i>3:00 Resident Birthday Party</i>	12 
13 9:30 TV Church Service  <small>Grandparents Day</small>	14 11:00 Walking Club  <b>2:00 Resident Family Council Zoom Meeting</b>	15 9:30 Trivia <b>BB</b> 10:00 Trivia <b>OP/MR</b>	16 10:00 Chapel <b>BB</b> 11:00 Chapel <b>OP/MR</b>	17 10:00 Chapel <b>BB</b> 11:00 Chapel <b>OP/MR</b> 2:00 Catholic Mass <b>BB</b> 3:00 Catholic Mass <b>OP/MR</b>	18 10:45 <b>Yoga BB</b> 11:30 <b>Yoga OP/MR</b> <i>3:00 Happy Hour</i> <b>OP/MR</b> <i>3:30 Happy Hour</i> <b>BB</b>  <small>Rosh Hashanah Begins</small>	19   <small>Oktoberfest Begins</small>
20 9:30 TV Church Service	21 11:00 Walking Club 2:00 Craft <b>BB</b> 3:00 Craft <b>OP/MR</b>	22 9:30 1:1 <i>Therapeutic Recreation</i> 2:00 Chapel <b>BB</b> 3:00 Chapel <b>OP/MR</b>  <small>Autumn Begins</small>	23 10:00 <b>Yoga BB</b> 10:45 <b>Yoga OP/MR</b>	24 10:00 Chapel <b>BB</b> 11:00 Chapel <b>OP/MR</b> 2:45 Catholic Mass <b>BB</b> 3:15 Catholic Mass <b>OP/MR</b>	25 9:45 Sit & Get Fit <b>OP/MR</b> 11:30 Sit & Get Fit <b>BB</b> <i>3:00 Treats on Patio</i> <b>BB</b> <i>3:30 Treats on Patio</i> <b>OP/MR</b>	26 1:30 <b>Spa Day</b>
27 9:30 TV Church Service  <small>Yom Kippur Begins</small>	28 11:00 Walking Club 2:00 News Group <b>BB</b> 3:00 News Group <b>OP/MR</b>	29 9:30 1:1 <i>Therapeutic Recreation</i> 2:00 Chapel <b>BB</b> 3:00 Chapel <b>OP/MR</b>	30 10:00 Chapel <b>BB</b> 11:00 Chapel <b>OP/MR</b>	<h1>September 2020</h1> <b>Heritage Life Personal Care Home 2<sup>nd</sup> Floor Calendar</b>		

Programs are subject to change. Residents will be informed via the Daily Recreation Board