

Sunday

Monday

Tuesday

Wednesday



Thursday

Friday

Saturday

October 2020

Heritage Life Personal Care Home 1st Floor Calendar

				<p>9:30 Sing-Along PR 10:15 Sing-Along CC 11:00 Sing-Along LL 11:30 Chapel PR 2:45 Chapel LL 3:30 Chapel CC</p>	<p>9:45 YOGA PR 10:30 YOGA CC 11:15 YOGA LL 2:00 Happy Hour PR/LL 3:00 Happy Hour CC <small>Sukkot Begins</small></p>	<p>9:30 1:1 Therapeutic Recreation</p>
<p>9:30 Chapel LL 10:15 Chapel PR 11:00 Chapel CC</p>	<p>2:00 Garden Clean up PR 2:45 Garden Clean up LL 3:15 Garden Clean up CC</p>	<p>9:30 Chapel LL 10:15 Chapel PR 11:00 Chapel CC</p>	<p>9:30 Sit & Get Fit PR 10:15 Sit & Get Fit CC 11:00 Sit & Get Fit LL</p> <p>2:30 BINGO</p>	<p>9:30 Catholic Mass LL 10:15 Catholic Mass PR 11:00 Catholic Mass CC 11:30 Chapel LL 2:45 Chapel PR 3:30 Chapel CC</p>	<p>9:45 Sit & Get Fit PR 10:30 Sit & Get Fit CC 11:15 Sit & Get Fit LL 1:30 Birthday Party LL 2:15 Birthday Party PR 3:00 Birthday Party CC</p>	<p>TV Movie</p> <p><small>Simchat Torah Begins</small></p>
<p>9:30 TV Church Service</p>	<p>9:30 Trivia CC 10:30 Trivia LL 11:30 Trivia PR</p> <p><small>Columbus Day (US) Thanksgiving Day (Canada)</small></p>	<p>9:30 Chapel LL 10:15 Chapel PR 11:00 Chapel CC</p>	<p>9:45 Sit & Get Fit PR 10:30 Sit & Get Fit CC 11:15 Sit & Get Fit LL</p> <p>2:30 BINGO</p>	<p>2:30 SPA DAY</p> <p>9:30 Chapel PR 10:15 Chapel CC 11:00 Chapel LL</p>	<p>9:45 YOGA PR 10:30 YOGA CC 11:15 YOGA LL 2:00 Happy Hour PR/LL 3:00 Happy Hour CC</p>	<p>2:00 Movie Matinee</p> 
<p>9:30 Chapel LL 10:15 Chapel PR 11:00 Chapel CC</p>	<p>1:00 SPA DAY</p> <p>6:30 Resident Family Council Zoom Meeting</p>	<p>9:30 News Group CC 10:30 News Group LL 11:30 News Group PR</p>	<p>9:45 Sit & Get Fit PR 10:30 Sit & Get Fit CC 11:15 Sit & Get Fit LL</p> <p>2:30 BINGO</p>	<p>9:30 Catholic Mass PR 10:15 Catholic Mass CC 11:00 Catholic Mass LL 1:30 Chapel LL 2:30 Chapel PR 3:30 Chapel CC</p>	<p>9:45 Sit & Get Fit PR 10:30 Sit & Get Fit CC 11:15 Sit & Get Fit LL 2:00 Happy Hour PR/LL 3:00 Happy Hour CC</p>	<p>9:30 Book Club PR 10:30 Book Club LL 11:30 Book Club CC</p>
<p>9:30 TV Church Service</p>	<p>9:30 Craft PR 10:30 Craft LL 11:30 Craft CC</p>	<p>9:30 Chapel LL 10:15 Chapel PR 11:00 Chapel CC</p>	<p>9:45 Sit & Get Fit PR 10:30 Sit & Get Fit CC 11:15 Sit & Get Fit LL</p> <p>2:30 BINGO</p>	<p>1:30 SPA DAY</p> <p>9:30 Chapel PR 10:15 Chapel CC 11:00 Chapel LL</p>	<p>11:00 Halloween Crepes</p> 	<p>1:30 HALLOWEEN TREATS</p>  <p><small>Halloween</small></p>

Programs are subject to change. Residents will be informed via the Daily White Board.