

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2021

Heritage Life Personal Care Home 1st Floor Calendar

				<p>1 1:30 Canada Party CC 2:15 Canada Party LL 3:00 Canada Party PR</p> <p>Canada Day</p>	<p>2 9:30 YOGA LL/CC 10:30 YOGA PR 1:30 HAPPY HOUR LL 2:15 HAPPY HOUR PR 3:00 HAPPY HOUR CC</p>	<p>3 9:30 SPA DAY CC 10:30 SPA DAY LL 11:30 SPA DAY PR</p>
<p>4 9:30 TV Church Service 10:30 1:1 Therapeutic Recreation CC 11:30 1:1 Therapeutic Recreation PR 1:30 1:1 Therapeutic Recreation LL</p> <p>Independence Day (US)</p>	<p>5 9:30 Walking Club 1:30 Craft LL 2:15 Craft CC 3:00 Craft PR</p>	<p>6 11:30 Chapel PR 4:30 Chapel CC 6:30 Chapel LL</p>	<p>7 9:30 Sit & Get Fit LL/CC 10:30 Sit & Get Fit PR</p> <p>2:30 Bingo</p>	<p>8 9:30 Catholic Service CC 10:15 Catholic Service LL 11:00 Catholic Service PR 11:30 Chaplain Visits CC 2:30 Chaplain Visits LL 3:30 Chaplain Visits PR</p>	<p>9 9:30 Sit & Get Fit LL/CC 10:30 Sit & Get Fit PR 1:30 Treats on Patio LL 2:15 Treats on Patio PR 3:00 Treats on Patio CC</p>	<p>10 9:30 1:1 Therapeutic Recreation CC 10:30 1:1 Therapeutic Recreation LL 11:30 1:1 Therapeutic Recreation PR</p>
<p>11 9:30 TV Church Service</p>	<p>12 9:30 Walking Club 1:30 Book Club CC/LL 2:30 Book Club PR</p>	<p>13 9:30 SPA DAY LL 10:30 SPA DAY CC 1:30 SPA DAY PR 2:30 Chapel LL 3:30 Chapel PR 6:30 Chapel CC</p>	<p>14 9:30 Sit & Get Fit LL/CC 10:30 Sit & Get Fit PR</p> <p>2:30 Bingo</p>	<p>15 1030 Resident Family Council Zoom Meeting</p>	<p>16 9:30 YOGA LL/CC 10:30 YOGA PR 1:30 Birthday Party LL 2:15 Birthday Party PR 3:00 Birthday Party CC</p>	<p>17</p>
<p>18 9:30 TV Church Service</p>	<p>19 9:30 Walking Club 1:30 Trivia CC 2:15 Trivia LL 3:00 Trivia PR</p>	<p>20 9:30 1:1 Therapeutic Recreation CC 10:30 1:1 Therapeutic Recreation LL 11:30 1:1 Therapeutic Recreation PR</p>	<p>21 9:30 Sit & Get Fit LL 10:15 Sit & Get Fit CC 11:00 Sit & Get Fit PR</p> <p>2:30 Bingo</p>	<p>22</p>	<p>23 9:30 Sit & Get Fit LL 10:15 Sit & Get Fit CC 11:00 Sit & Get Fit PR</p>	<p>24 9:30 Golf CC 10:30 Golf LL 11:30 Golf PR</p>
<p>25 10:30 1:1 Therapeutic Recreation CC 11:30 1:1 Therapeutic Recreation PR 1:30 1:1 Therapeutic Recreation LL</p>	<p>26 9:30 Walking Club 1:30 Movie Matinee CC/LL 2:30 Movie Matinee PR</p>	<p>27 11:00 SPA DAY CC 1:30 SPA DAY LL 2:30 SPA DAY PR 11:30 Chapel PR 4:30 Chapel CC 6:30 Chapel LL</p>	<p>28 9:30 Sit & Get Fit LL/CC 10:30 Sit & Get Fit PR</p> <p>2:30 Bingo</p>	<p>29 9:30 Catholic Service CC 10:15 Catholic Service LL 11:00 Catholic Service PR 11:30 Chaplain Visits CC 2:30 Chaplain Visits LL 3:30 Chaplain Visits PR</p>	<p>30 9:30 Sit & Get Fit LL/CC 10:30 Sit & Get Fit PR 1:30 Outdoor Fun LL 2:15 Outdoor Fun PR 3:00 Outdoor Fun CC</p>	<p>31 9:30 News Group CC 10:30 News Group LL 11:30 News Group PR</p>

Programs are subject to change. Residents will be informed via the Daily Recreation White Board.