

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2023

Heritage Life Personal Care Home

			<p>11:00 Sit & Get Fit</p> <p>2:30 Bingo</p>	<p>11:00 Catholic Mass</p> <p>2:45 Sing-Along</p>	<p>Chaplain Visits</p> <p>11:00 Sit & Get Fit</p> <p>2:45 Happy Hour</p>	<p>Pet Therapy</p>  <p>St. John Ambulance</p> <p>2:30 Bean Bag Toss</p>
<p>10:30 Maranatha Niverville</p> <p>1:1 Therapeutic Recreation</p>	<p>9:30 Walking Club</p> <p>2:30 Chapel</p> <p><small>Purim Begins</small></p>	<p>Pet Visits & Spa Day</p> 	<p>11:00 Sit & Get Fit</p> <p>2:30 Bingo</p>	<p>2:45 Book Club</p>	<p>Chaplain Visits</p> <p>11:00 Sit & Get Fit</p> <p>2:45 Movie Matinee</p>	<p>Pet Therapy</p>  <p>St. John Ambulance</p> <p>2:30 Curling</p>
<p>10:30 Ambassador Canadian Reformed Church</p> <p>1:1 Therapeutic Recreation</p> <p><small>Daylight Saving Time Begins</small></p>	<p>9:30 Crafts</p> <p>2:30 Chapel</p>	<p>2:45 Trivia</p>	<p>11:00 Sit & Get Fit</p> <p>2:30 Bingo</p>	<p>11:00 Wellness Drumming</p>	<p>Chaplain Visits</p> <p>11:00 Sit & Get Fit</p> <p><i>2:45 Irish Pub Party</i></p> <p><small>St. Patrick's Day</small></p>	<p>Pet Therapy</p>  <p>St. John Ambulance</p> <p>2:30 Ring Toss</p>
<p>10:30 Joan Van Der Linde</p> <p>1:1 Therapeutic Recreation</p>	<p>9:30 Walking Club</p> <p>2:30 Chapel</p> <p><small>Spring Begins</small></p>	<p>Pet Visits & Spa Day</p> 	<p>11:00 Sit & Get Fit</p> <p>2:30 Bingo</p> <p><small>Ramadan Begins</small></p>	<p>2:45 Sing-Along</p>	<p>Chaplain Visits</p> <p>11:00 Sit & Get Fit</p> <p><i>2:45 Birthday Party</i></p>	<p>Pet Therapy</p>  <p>St. John Ambulance</p> <p>2:30 Bowling</p>
<p>10:30 Fourth Ave. Bible Church</p> <p>1:1 Therapeutic Recreation</p>	<p>9:30 Walking Club</p> <p>2:30 Chapel</p>	<p>2:45 News Group</p>	<p>11:00 Sit & Get Fit</p> <p>2:30 Bingo</p>	<p>11:00 Catholic Mass</p> <p>2:45 Sing-Along</p>	<p>Chaplain Visits</p> <p>11:00 Sit & Get Fit</p> <p><i>2:30 Irish Cowboy</i></p>	<p>1st Floor Calendar</p>

Programs are subject to change. Residents will be informed via the Daily activity White Board.