

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>March 2023</h1> <h2>Heritage Life Personal Care Home</h2>			¹ 9:15 Morning Movers 10:00 Morning Movers 2:30 Bingo	² 11:00 Catholic Mass 9:00 Sing-Along 9:45 Sing-Along	³ 9:15 Morning Movers 10:00 Morning Movers 9:15 Chapel 10:30 Chapel 1:30 Happy Hour	⁴ Pet Therapy  St. John Ambulance 9:45 Bean Bag Toss 10:45 Bean Bag Toss
⁵ 10:30 Maranatha Niverville 1:1 Therapeutic Recreation	⁶ 11:00 Walking club <small>Purim Begins</small>	⁷ Pet Visits & Spa Day 	⁸ Chaplain Visits 9:15 Morning Movers 10:00 Morning Movers 2:30 Bingo	⁹ 9:30 Book Club 10:30 Book Club	¹⁰ 9:15 Morning Movers 10:00 Morning Movers 9:15 Chapel 10:30 Chapel 1:15 Movie Matinee	¹¹ Pet Therapy  St. John Ambulance 9:45 Curling 10:45 Curling
¹² 10:30 Ambassador Canadian Reformed Church 1:1 Therapeutic Recreation <small>Daylight Saving Time Begins</small>	¹³ 11:00 Walking club 1:45 Crafts 2:45 Crafts	¹⁴ 9:30 Trivia 10:30 Trivia	¹⁵ 9:15 Morning Movers 10:00 Morning Movers 2:30 Bingo	¹⁶ 9:30 Wellness Drumming 10:00 Wellness Drumming	¹⁷ 9:15 Morning Movers 10:00 Morning Movers 9:15 Chapel 10:30 Chapel <i>1:30 Irish Pub Party</i> <small>St. Patrick's Day</small>	¹⁸ Pet Therapy  St. John Ambulance 9:45 Ring Toss 10:45 Ring Toss
¹⁹ 10:30 Joan Van Der Linde 1:1 Therapeutic Recreation	²⁰ 11:00 Walking club <small>Spring Begins</small>	²¹ Pet Visits & Spa Day 	²² Chaplain Visits 9:15 Morning Movers 10:00 Morning Movers 2:30 Bingo <small>Ramadan Begins</small>	²³ 9:00 Sing-Along 9:45 Sing-Along	²⁴ 9:15 Morning Movers 10:00 Morning Movers 9:15 Chapel 10:30 Chapel <i>1:30 Birthday Party</i>	²⁵ Pet Therapy  St. John Ambulance 9:45 Bowling 10:45 Bowling
²⁶ 10:30 Fourth Ave. Bible Church 1:1 Therapeutic Recreation	²⁷ 11:00 Walking club	²⁸ 9:30 News Group 10:30 News Group	²⁹ 9:15 Morning Movers 10:00 Morning Movers 2:30 Bingo	³⁰ 11:00 Catholic Mass 9:00 Sing-Along 9:45 Sing-Along	³¹ 9:15 Morning Movers 10:00 Morning Movers 9:15 Chapel 10:30 Chapel <i>2:30 Irish Cowboy</i>	2nd Floor Calendar

Programs are subject to change. Residents will be informed via the Daily activity White Board